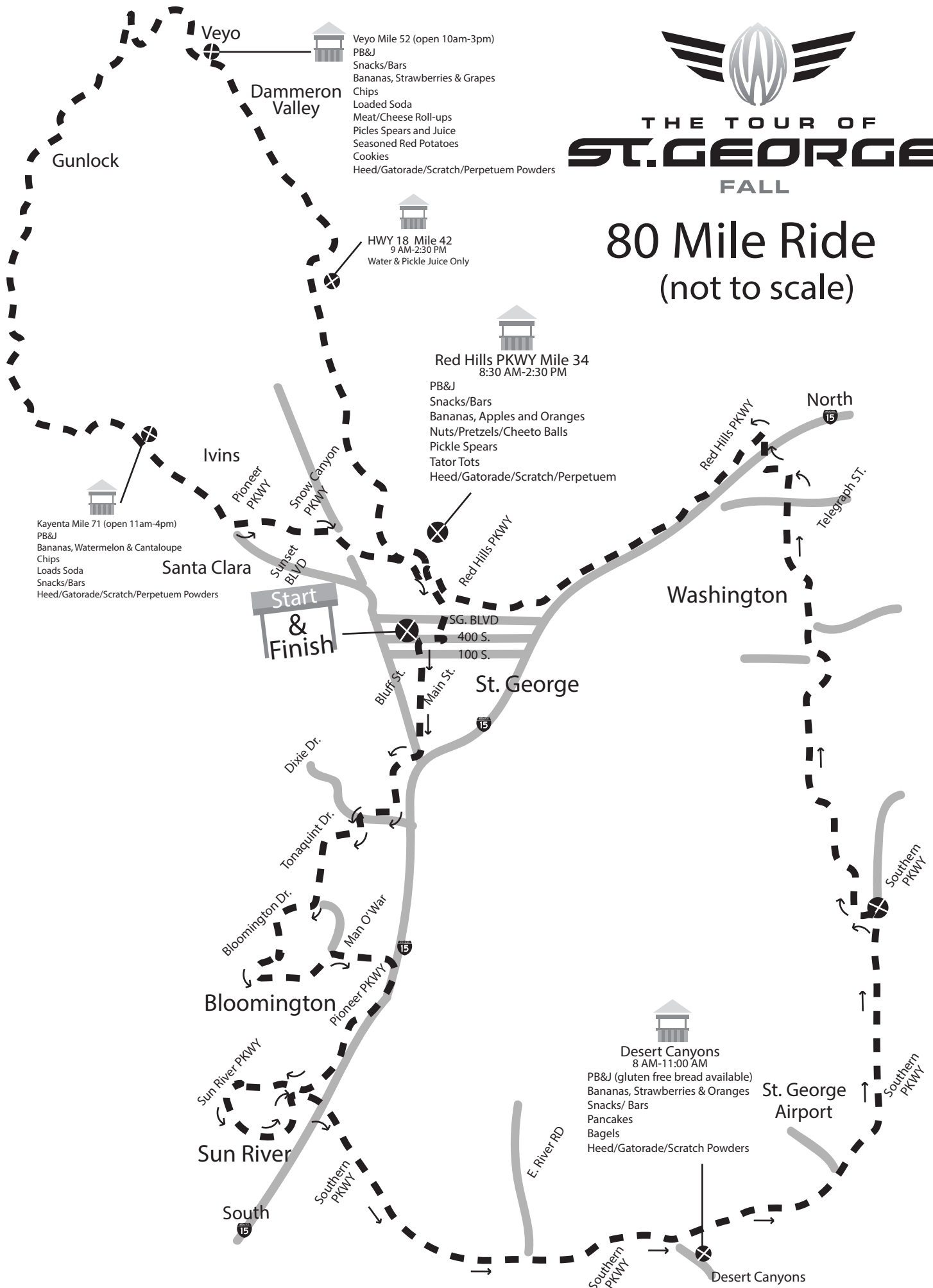




THE TOUR OF ST. GEORGE FALL

80 Mile Ride (not to scale)



Veyo Mile 52 (open 10am-3pm)
PB&J
Snacks/Bars
Bananas, Strawberries & Grapes
Chips
Loaded Soda
Meat/Cheese Roll-ups
Pickles Spears and Juice
Seasoned Red Potatoes
Cookies
Heed/Gatorade/Scratch/Perpetuem Powders

HWY 18 Mile 42
9 AM-2:30 PM
Water & Pickle Juice Only

Red Hills PKWY Mile 34
8:30 AM-2:30 PM
PB&J
Snacks/Bars
Bananas, Apples and Oranges
Nuts/Pretzels/Cheeto Balls
Pickle Spears
Tator Tots
Heed/Gatorade/Scratch/Perpetuem

Kayenta Mile 71 (open 11am-4pm)
PB&J
Bananas, Watermelon & Cantaloupe
Chips
Loads Soda
Snacks/Bars
Heed/Gatorade/Scratch/Perpetuem Powders

Desert Canyons
8 AM-11:00 AM
PB&J (gluten free bread available)
Bananas, Strawberries & Oranges
Snacks/ Bars
Pancakes
Bagels
Heed/Gatorade/Scratch Powders

Start & Finish

SG. BLVD
400 S.
100 S.
Bluff St.
Main St.

St. George

Bloomington

Sun River

South

St. George Airport

Desert Canyons